



# Lunch/Breakfast Menu for November 2020

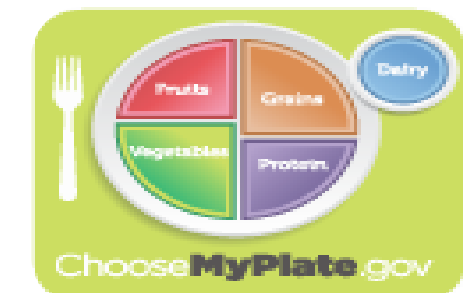


BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Pears, Apple Juice	String Cheese/Graham Cracker Mixed Fruit, Orange Juice	**WG Cereal Bar Mandarin Orange, Apple Juice	Yogurt/Graham Cracker Applesauce, Orange Juice	**WG Cheerios/Corn Flakes Peaches, Apple Juice

LUNCH MEAL PATTERN	11/2/2020	11/3/2020	11/4/2020	11/5/2020	11/6/2020
M/MA Vegetables Fruit Grains Milk	Mozzarella Pizza Sticks Broccoli Cuts/Cucumbers Pear Slices  <i>Condiment: Marinara Sauce</i>	Turkey Mini Corn Dogs Baked Fries/Sweet Peas Mandarin Orange  <i>Condiment: Ketchup</i>	Sloppy Joe Baby Carrots Apricots *WW Bun  <i>Condiment: Ranch</i>	Toasted Ham/Cheese Sandwich Green Beans/Celery Sticks Pineapple Tidbits **WG Bread  <i>Condiment: Ranch</i>	Beef Taco Pinto Beans/Lettuce & Cheese Peaches Taco Shells  <i>Condiment: Salsa</i>
M/MA Vegetables Fruit Grains Milk	11/9/2020 Cheeseburger Potato Wedges/Sweet Corn Applesauce *WW Bun  <i>Condiment: Ketchup</i>	11/10/2020 Chicken Parmesan Steamed Broccoli Mixed Fruit **WG Spaghetti/Breakstick	11/11/2020 French Toast Sticks Tater Coin Potato/Baby Carrots Apricots  <i>Condiment: Syrup/Ketchup</i>	11/12/2020 Chicken Fajitas Pinto Beans Pineapple Tidbits Tortilla	11/13/2020 Chili con Carne/String Cheese Mixed Veggies Pears **WG Breadstick
M/MA Vegetables Fruit Grains Milk	11/16/2020 **WG Chicken Nuggets Potato Wedges/Broccoli Cuts Mandarin Orange  <i>Condiment: Ketchup</i>	11/17/2020 Pork BBQ Cauliflower Mixed Fruit *WW Bun	11/18/2020 Turkey Mini Corn Dogs Baked Fries/Green Beans Applesauce  <i>Condiment: Ketchup</i>	11/19/2020 Chicken Soft Tacos Pinto Beans/Lettuce & Cheese Peaches *WW Tortilla  <i>Condiment: Salsa</i>	11/20/2020 Cheese Quesadilla Baby Carrots/Cucumber Pears  <i>Condiment: Ranch</i>
M/MA Vegetables Fruit Grains Milk	11/23/2020 Egg Patty Broccoli/Mixed Veggies Pineapple Tidbits **WG Bread	11/24/2020 Sliced Turkey Ham Mashed Potato/Sweet Corn Apricots **WG Bread  <i>Condiment: Gravy</i>			
M/MA Vegetables Fruit Grains Milk	11/30/2020 Chicken Patty Tater Tots/Sweet Peas Mandarin Orange *WW Bun  <i>Condiment: Ketchup</i>				



\*Whole Wheat  
 \*\*Whole Grain  
 \*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored



This Institution is an equal opportunity provider  
 Menu subject to change without notice