



JANUARY

2021

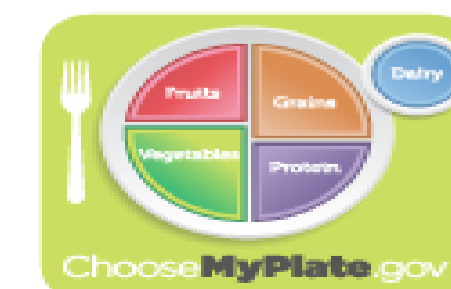


Breakfast/ Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Pears, Apple Juice	String Cheese/Graham Cracker Mixed Fruit, Orange Juice	Cereal Bar Mandarin Orange, Apple Juice K3/K4 -**WG Muffin	Yogurt/Graham Cracker Applesauce, Orange Juice	**WG Cheerios/Corn Flakes Peaches, Apple Juice

LUNCH MEAL PATTERN	1/4/2021	1/5/2021	1/6/2021	1/7/2021	1/8/2021
M/MA Vegetables Fruit Grains Milk	Turkey Mini Corn Dogs Baked Fries/Sweet Corn Mandarin Orange <i>Condiment: Ketchup</i>	Egg Patty Broccoli/Cucumbers Applesauce **WG Bread <i>Condiment: Ranch</i>	Sloppy Joe Green Beans Sliced Peaches *WW Bun	Ham & Cheese Sandwich Cauliflower/Baby Carrots Mixed Fruits **WG Bread <i>Condiment: Ranch/Mayo</i>	**WG Chicken Nuggets Potato Wedges/Sweet Peas Pineapple Tidbits <i>Condiment: Ketchup</i>
M/MA Vegetables Fruit Grains Milk	1/11/2021 Cheese Quesadilla Carrot Coins/Celery Sticks Mixed Fruit <i>Condiment: Ranch</i>	1/12/2021 Beef Taco Pinto Beans/Lettuce & Cheese Banana Taco Shells <i>Condiment: Salsa</i>	1/13/2021 Chicken Alfredo Mixed Veggies/Cucumbers Diced Pears **WG Pasta <i>Condiment: Ranch</i>	1/14/2021 French Toast Sticks Tater Tots/Broccoli Cuts Applesauce <i>Condiment: Syrup/Ketchup</i>	1/15/2021 Cheeseburger Sweet Potato Fries/Sweet Corn Fresh Apple *WW Bun <i>Condiment: Ketchup</i>
M/MA Vegetables Fruit Grains Milk	1/18/2021 Professional Day No Student Attendace	1/19/2021 Chicken Tomato Bake Sweet Peas Diced Peaches **WG Elbow Macaroni	1/20/2021 Pork BBQ Broccoli Cuts/Carrot Coins Crushed Pineapple *WW Bun	1/21/2021 Beef Patty w/Gravy Mashed Potato/Green Beans Mandarin Orange **WG Dinner Roll	1/22/2021 Turkey Meatballs Sweet Corn Sliced Pears **WG Penne Pasta/Breadstick
M/MA Vegetables Fruit Grains Milk	1/25/2021 Chicken Patty Tater Tots/Baby Carrots Grapes *WW Bun <i>Condiment: Ketchup/Ranch</i>	1/26/2021 Beef Taco Pinto Beans/Lettuce & Cheese Pineapple Tidbits Taco Shells <i>Condiment: Salsa</i>	1/27/2021 **WG Chicken Nuggets Potato Wedges/Broccoli Cuts Applesauce <i>Condiment: Ketchup</i>	1/28/2021 Cheese Quesadilla Carrot Coins/Cucumbers Diced Pear <i>Condiment: Ranch</i>	1/29/2021 Turkey Mini Corn Dogs Baked Fries/Mixed Veggies Sliced Peaches <i>Condiment: Ketchup</i>

*Whole Wheat
 **Whole Grain
 ***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored



This Institution is an equal opportunity provider
 Menu subject to change without notice

F. Rivera