




# Lunch/Breakfast Menu for May 2023

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>M/MA or Grains Fruit or Veg Milk</b>	<b>BREAKFAST</b> **WG Cherrios/Krispie Rice, Peaches 1% low-fat Unflavored or Fat free-flavored milk	<b>BREAKFAST</b> French Toast w/Syrup Grapes 1% low-fat Unflavored or Fat free-flavored milk	<b>BREAKFAST</b> Egg Omelet,**WG Bread Mixed Fruits 1% low-fat Unflavored or Fat free-flavored milk	<b>BREAKFAST</b> Pancake with Syrup Bananas 1% low-fat Unflavored or Fat free-flavored milk	<b>BREAKFAST</b> **WG Cherrios/Krispie Rice, Mandarin 1% low-fat Unflavored or Fat freeFlavored milk
<b>K5</b>		String Cheese/**Graham Crackers	**Cereal Bar	Yogurt/**Graham Crackers	
K5-8 Grade	Fruit Punch	Orange Juice	Fruit Punch Juice	Apple Juice	Orange Juice
LUNCH MEAL PATTERN	<b>5/1/2023</b>	<b>5/2/2023</b>	<b>5/3/2023</b>	<b>5/4/2023</b>	<b>5/5/2023</b>
<b>M/MA Vegetables Fruit Grains</b>	Mostaccoli with Meat Broccoli Cuts/Carrot Coins Apple Sauce Breadsticks	Garlic Cheese Pizza Fresh Cucumbers/ Sweet Corn Pineapple Tidbits Condiment: Ranch	Cheesburger on WW Bun Lettuce and tomatoe Baked Fries Diced Peaches Condiment: Ketchup	Turkey Slices with gravy Mashed Potatoes/Baby Carrots Pear Slices WG dinner rolls Condiment: Ranch	Turkey hot dog Baked beans Mixed Veggies Fruit Cocktail Condiment: Ketchup
	<b>5/8/2023</b>	<b>5/9/2023</b>	<b>5/10/2023</b>	<b>5/11/2023</b>	<b>5/12/2023</b>
<b>M/MA Vegetables Fruit Grains</b>	Chicken Soft Tacos Pinto Beans Lettuce & Cheese Pears Condiment: Salsa	<b>Breakfast as lunch</b> Cheese Omelet Sweet Corn/ Fresh Broccoli Sliced Peaches WG Slice Bread Condiment: Ranch	**WG Pasta w/Beef Meatballs Steamed Broccoli/Baby Carrots Applesauce Breadsticks Condiment: Ranch	Cheese Quesadillas Italian Vegetables/ Sweet potatoe fries Pineapple Tidbits Condiment: Ketchup	Grilled Cheese Sandwich Baked Potatoe Wedge/ California Blend Mandarin Oranges Condiment: Ketchup
	<b>5/15/2023</b>	<b>5/16/2023</b>	<b>5/17/2023</b>	<b>5/18/2023</b>	<b>5/19/2023</b>
<b>M/MA Vegetables Fruit Grains</b>	Hard Sheel beef Tacos Vegetarian Beans/ Lettuce/cheese Fresh Orange Condiment: Salsa	Chicken Alfredo Carrot Coins/Steamed Broccoli Peaches Breadstick	Turkey Mini Corn Dogs Tater Tots/Sweet Corn Mandarin Orange Condiment: Ketchup	Vegetarian Chili Beans/Cheese Baby Carrots Sliced Pears Saltine Crackers Condiment: Light Ranch	**WG Chicken Nuggets Potato Wedges Mixed Veggies Fresh Apple Condiment: Ketchup
	<b>5/22/2023</b>	<b>5/23/2023</b>	<b>5/24/2023</b>	<b>5/25/2023</b>	<b>5/26/2023</b>
<b>M/MA Vegetables Fruit Grains</b>	Chicken Patty wt cheese Baked Potato Fries/Steamed Broccoli Grapes Bun Condiment: Ketchup/mayo	Ham and Cheese Sandwich Fresh Cucumbers/Broccoli Cuts Fresh Golden apple Sunchips Condiment: Mayo	Beans and Cheese Tostadas Lettuce & Tomatoe/Celery sticks Pineapple Tidbits Condiment: Salsa	Mozzarella Pizza Sticks Marinara Sauce Dip Green Beans/baby Carrots Applesauce Condiment: Light Ranch	<b>PD No Students Attendance</b>
	<b>5/29/2023</b>	<b>5/30/2023</b>	<b>5/31/2023</b>		
<b>M/MA Vegetables Fruit Grains</b>	<b>Memorial Day School Closed</b>	Beef and Cheese Lasagna California Blend/Broccoli cuts Pears	Beef Patty with gravy Mashed Potatoes/Sweet Peas Mixed Fruits WG Dinner Roll		

\*Whole Wheat  
 \*\*Whole Grain  
 \*\*\*All meals include 1/2 pint of milk. Students may choose 1% low-fat Unflavored or Flavored milk

This Institution is an equal opportunity provider  
 Menu subject to change without notice



G.Vazquez