


## Breakfast/Lunch Menu

| BREAKFAST MEAL PATTERN                        | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|--|---|--|
| M/MA or Grains<br>Fruit or Veg<br>Milk        | **WG Cheerios/Corn Flakes<br>Diced Pears   | **WG French Toast Sticks<br>Applesauce   | Egg Patty, **WG Slice Bread<br>Fruit cocktail  | **WG Pancakes<br>Banana   | **WG Cheerios/Corn Flakes<br>Diced Peaches   |
| <b>LUNCH MEAL PATTERN</b>                     |  |  |  |   |  |
|   |  | <b>10/1/2024</b>   | <b>10/2/2024</b>   | <b>10/3/2024</b>  | <b>10/4/2024</b>   |
| M/MA<br>Vegetables<br>Fruit<br>Grains<br>Milk |                           | Turkey Mini Corn Dogs<br>Sweet Potato Fries/Cucumbers<br>Banana<br><br><i>Condiment: Ketchup/Ranch</i>                   | Sloppy Joe<br>Refried beans<br>Mixed Vegetables<br>Mandarin Orange<br>*WG Bun  | Meat Sauce<br>Celery Sticks<br>Fresh Apple<br>**WG Spaghetti<br><br><i>Condiment: Ranch</i>                           | Grilled Cheese Sandwich<br>Tater Tots/ Broccoli Cuts<br>Mixed fruit<br><br><i>Condiment: Ketchup/Ranch</i> |
|   | <b>10/7/2024</b>   | <b>10/8/2024</b>   | <b>10/9/2024</b>   | <b>10/10/2024</b>   | <b>10/11/2024</b>  |
| M/MA<br>Vegetables<br>Fruit<br>Grains<br>Milk | Mac & Cheese<br>Green Beans/Cherry Tomato<br>Diced Peaches   | Chicken Fajitas<br>Pinto Beans<br>California Blend<br>Grapes<br>** WG Tortilla   | Cheeseburger<br>Fresh Broccoli /Carrot coins<br>Apricot<br><br><i>Condiment: Ketchup/Ranch</i>                         | **WG Mostaccioli<br>Peas/Baby Carrots<br>Pineapple Tidbits<br>**WG Bread Stick  | **WG Chicken Nuggets<br>Potato Wedges/Celery Sticks<br>Fresh Apple<br><br><i>Condiment: Ketchup/Ranch</i>  |
|   | <b>10/14/2024</b>  | <b>10/15/2024</b>  | <b>10/16/2024</b>  | <b>10/17/2024</b>   | <b>10/18/2024</b>  |
| M/MA<br>Vegetables<br>Fruit<br>Grains<br>Milk | Picadillo de carne<br>W/vegetables<br>Brown Rice<br>California Blend<br>Applesauce                         | Beans and Cheese Tostadas<br>Lettuce/Tomatoes<br>Mixed Vegetables<br>Sliced Peaches                                      | Chicken Parmesan<br>Broccoli Cuts/ Cucumbers<br>Banana<br>**WG Breadstick<br>**WG Spaghetti<br><i>Condiment: Ranch</i> | Chili con Carne<br>String Cheese<br>Sweet Corn<br>Mandarine Oranges<br>**WG Crackers                                  | **WG Popcorn Chicken<br>Carrot Coins/Celery Sticks<br>Sliced Pear<br><br><i>Condiment: Ranch</i>           |
|   | <b>10/21/2024</b>  | <b>10/22/2024</b>  | <b>10/23/2024</b>  | <b>10/24/2024</b>   | <b>10/25/2024</b>  |
| M/MA<br>Vegetables<br>Fruit<br>Grains<br>Milk | **WG Spaghetti & Meatballs<br>Green Beans/Carrot coins<br>**WG Breadstick<br>Pineapple Tidbits             | Ham & Cheese Sandwich<br>Sweet corn/Cherry tomatoes<br>Mixed Fruit<br>**Sliced Bread<br><br><i>Condiment: Ranch/Mayo</i> | Mozzarella Pizza Sticks<br>Vegetarian Beans<br>Baby Carrots<br>Fresh Apple<br><br><i>Condiment: Ranch</i>              | Sliced Turkey w/ gravy<br>Mashed Potatoes<br>Fresh Broccoli<br>Apricot<br>**WG Dinner roll<br><i>Condiment: Ranch</i> | Chicken Patty<br>Baked Fries/Cucumbers<br>Fresh Grapes<br>**WG bun<br><br><i>Condiment: Ketchup/Ranch</i>  |
|   | <b>10/28/2024</b>  | <b>10/29/2024</b>  | <b>10/30/2024</b>  | <b>10/31/2024</b>   |  |
| M/MA<br>Vegetables<br>Fruit<br>Grains<br>Milk | Fish Sticks<br>Mashed Potatoes /W Gravy<br>Baby Carrots<br>Applesauce<br><br><i>Condiment: Tarta sauce</i> | Cheese quesadilla<br>Broccoli Cuts<br>Celery Sticks<br>Sliced Pear<br><br><i>Condiment: Ranch</i>                        | Turkey Hot dog<br>Sweet Potatoes Fries<br>Cucumbers<br>Clementine<br><br><i>Condiment: Ranch/Ketchup</i>               | <b>Parent Teacher Conferences</b>   |                       |

\*Whole Wheat

\*\*Whole Grain

\*\*\*All meals include ½ pint of milk.

Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk

This Institution is an equal opportunity provider  
Menu subject to change without notice

